

## *In This Issue....*

State Regent Report....	1
State Conference....	2
Patti Unruh....	3
Volunteer Genealogists....	4
KSDAR SAT Team....	4
Chaplain's Corner....	5
Every Member Counts....	5
2021 Sunshine Garden....	6
Commemorative Events....	7
Protocol 101....	7
2020NE Membership Challenge....	7
State Regent's Project Merchandise....	8
Cameo Generations Club....	9
Heart and Stroke Prevention....	9
New Members....	10
Project Patriot....	10



*The CyberSunflower is a monthly publication of the Kansas Society Daughters of the American Revolution. Please submit any articles or news ideas no later than the 15<sup>th</sup> of the month and inclusion is based on space and relevance. KSDAR maintains editorial control over all content. Contact Kimberly Patrick or Susan Metzger for any questions.*

## *A Message from the State Regent*

Dear Kansas Daughters,

The KSDAR Executive Committee met virtually in January for our annual retreat. We discussed several important topics that we look forward to sharing with you in the coming weeks.

First, as you will read in this issue of the CyberSunflower, the Executive Committee has appointed Patti Unruh to serve as State Corresponding Secretary for the remainder of this administration. We appreciate Mrs. Unruh's willingness to serve and I hope you will join me in welcoming her to this appointment.

Also, one our topics of discussion were the plans for our 2021 KSDAR State Conference scheduled for April 22-24, 2021. After discussion and research, we have decided to hold this year's meeting as a hybrid format with limited attendance for the business meeting and the rest presented virtually. Please see the State Conference article on the following pages that provides additional information. Chapters should identify their voting delegates and submit their credentials forms no later than March 8<sup>th</sup>.

I look forward to reading your Chapter Master Reports and seeing the final tally for your Service to America hours. In a year with significant challenges, I am in awe of your commitment to meaningful community service as we Rise and Shine in Service to America!

Welcome Home,

Susan Metzger



## Dear Kansas Daughters,

Last February, I recall flying home from attending the National Board of Management in Washington D.C. and taking note of the increased numbers of passengers wearing face masks. Little did I know that we were embarking on a major pandemic that would disrupt our lives, including our DAR activities, for more than a year. While more and more of our members are receiving vaccines, it is unlikely that we can safely hold our traditional State Conference this spring. The health and safety of our members continues to be our highest priority. For that reason, the KSDAR Executive Committee has decided to convert our conference to a hybrid format.



### What does a hybrid format mean?

A hybrid State Conference is a mix of virtual content and limited in-person activities.

### What content will be virtual?

Drawing on the success from our virtual State September Meeting, many of our celebrations, speakers, and social activities will be conducted virtually. We will also conduct the spring Board of Management meeting on Friday, April 23, 2021 via Zoom. A schedule of activities and instructions for participating will be provided by early April.

### What portion of the State Conference will be in person?

The KSDAR Executive Committee is grateful for the trust you have placed in us to make decisions and conduct business on behalf of the Society and our members. While we were fortunate to have one in-person Board of Management (September 2019) and one virtual Board of Management (September 2020), we have yet to hold a business meeting for the full Kansas Society during this administration. As you may recall, our State Bylaws Committee has drafted [bylaws](#) to allow for electronic business meetings during emergency situations. In the absence of an in-person business session, we have not yet had the opportunity for our members to adopt these bylaw changes. To allow for the review of the proposed bylaw amendments and to conduct priority business, we will hold an in-person, quorum-only, business session on Saturday, April 24, 2021 at the DoubleTree by Hilton in Lawrence.

### What is meant by a quorum-only, business session?

According to KSDAR Bylaws Article VIII Meetings, Section 11 Quorum, “twenty-five voting members, of which twenty shall be chapter representatives, shall constitute a quorum at the State Conference or at any special meeting of the Kansas Society.” Limiting attendance to quorum and a few members to assist with the management of the meeting and presentation of bylaws will allow us to maintain county health guidelines for social distancing in the conference banquet hall (100 square feet per attendee according to the conference facility). For those attending in person, no food or beverages will be served.

### How will attendees be identified to meet quorum?

The KSDAR Executive Committee is hoping to attract geographic diversity and representation at the business meeting. Of the twenty, chapter representatives required for a quorum:

- The State Credential Chair will identify the first five chapters in each District to submit their Credentials forms.
- One delegate from each of those five chapters will be asked to commit to attending the business session in person.
- Two additional chapters and individuals per District will be identified from the sixth and seventh chapter Credentials forms received to serve as alternates.
- The balance of the voting delegates will be comprised of State Officers.
- All other voting delegates identified on all eligible chapter Credentials forms may participate virtually in the business session.

Additional instructions for virtual voting and participation will be provided before the State Conference.

**How will members attending from home have the opportunity to participate in the business meeting?**

The first item of consideration on the business meeting agenda will be the adoption of a bylaw amendment to allow for electronic business meetings during emergencies. If approved, this amendment will take effect immediately upon adoption. If approved, all voting delegates attending virtually will have the opportunity to discuss and vote on business items for the remainder of the agenda. Voting delegates attending from home will be provided access to the meeting via Zoom technology. All other attendees (non-voting members and guests) may join through a livestreaming event access such as YouTube.com or Facebook Live. Additional instructions will be provided before the State Conference.

**How will a hybrid meeting format impact our contract with the DoubleTree by Hilton?**

After consultation with the event staff at the DoubleTree by Hilton, they have agreed to waive the minimum requirements for food and beverage and sleeping room reservations. We appreciate the willingness of the conference event staff to modify our contract without penalties. Anticipated expenses for holding the quorum-only business session will include the cost of the banquet room reservation, as well as, audiovisual and other event equipment. The anticipated total expenses for hosting the business meeting at the DoubleTree by Hilton will be \$555. To help offset the expense, we will ask attendees to provide a registration fee of \$10.

My sincere appreciation is extended to State Parliamentarian, Lyn Patterson, State Bylaws Chair, Laura Kaiser, and State Credential Chair, Bev Ronnenbaum, for their assistance in identifying opportunities to conduct a business session this spring. As much as I had looked forward to our traditional in-person state conference, I know we have all learned so much about how to make use of technology to create great events and experiences. I hope you will join me in celebrating the fantastic work of our Kansas Daughters through our hybrid 2021 State Conference.

Sincerely,  
Susan Metzger

## **Patti Unruh Selected as KSDAR Corresponding Secretary**



The KSDAR Executive Board met on Saturday, January 24, 2021 for our annual winter meeting to discuss the business of the Kansas Society. During this meeting, members of the Board held a moment of silence for and shared memories of Kimberly Lees, State Corresponding Secretary, who passed away in December.

As described in KSDAR Bylaws Article V Officers, Section 5. Vacancies:

Vacancies to state offices, not including the State Regent, shall be filled by appointment of the Executive Committee, with the approval of the State Board of Management, until the next regular meeting of the State Conference, when the vacancy for the unexpired term shall be filled by the Kansas Society.

As such, the KSDAR Executive Board has invited Patricia (Patti) Unruh to fill the vacant position of KSDAR State Corresponding Secretary. If approved by the State Board of Management, Patti will serve as State Corresponding Secretary until the end of this administration in 2022.

Patti joined the DAR in 2003 and served the Martha Vail Chapter as Regent, Vice Regent and Registrar before transferring to the Newton Chapter in 2016 where she currently serves as Chapter Registrar. Patti has served KSDAR as State VIS Chair, Southwest District Director, Southwest District Asst. Director, and currently serves as the KSDAR Genealogical Records Committee Chair. She has completed the Members Course and Genealogy Education Program 6 (GEP6), is a NSDAR Life Member, and has been Legacy Approved.

Patti has a Bachelor's degree from Fort Hays State University and is a partner at Mill Creek Truss LLC, Halstead Kansas.

The KSDAR Executive Committee is pleased to welcome Patti to our team.

## DAR Trained Volunteer Genealogists

*Bunnie Bowen*



While recently completing the CMR each Chapter had to complete this question:

*Would your chapter benefit from the assignment of a NSDAR Trained Volunteer Genealogist?*

Kansas now has 28 ladies that have completed the GEP 3 classes, and another 11 that have completed GEP 2, and we are ready to help our sisters statewide! Below are some ways that we could help your chapter:

- Assistance in clearing a current AIR (Additional Information Request) of a prospective member who already has her application submitted. We work in conjunction with the Lineage Research team in this endeavor.
- Additional training for current Registrar on proper application process. I would encourage current Registrars to sign up for the new free online National training class that was released in January 2020.
- Partnering a more seasoned Volunteer Genealogist with a newer, less experienced Registrar.
- Workshop given in your local area to prospect new members or to train current members in GRS and e-membership research, these will be virtual until it is safe to meet in groups.
- Guidance in how to effectively use the DAR.org website tools, such as webinars, Genie Clips and the PMD (Prospective Member Database).
- Volunteer Genealogist to give a Chapter program.

If your Chapter is interested in any of these tools, please contact Kansas State Chair, Volunteer Genealogy Bunnie Bowen at 785-259-2401 or [bunniebowen@aol.com](mailto:bunniebowen@aol.com). Let's all work together so that we can "Welcome Home" more Kansas Daughters.

## Join the KSDAR SAT TEAM

Do you enjoy genealogy and helping prospective members tracing their lineage back to a Patriot? Do you have experience successfully completing the DAR application form? Do you enjoy meeting new members and helping them find a great fit in DAR? Have you completed (or are working to complete) Genealogy Education Programs (GEPs) 1, 2, and 3? If you answered "Yes" to these questions, then the State Application Team (SAT) could use your help!

**The State Application Team (SAT) offers chapters with support and assistance in completing the DAR applications for new members referred through the national Member Interest Form.** The SAT is a team of state volunteers who will assign a Prospective Member (PM) to chapters in her area and then work directly with the PM to develop her new member application.

Our KSDAR SAT is led by Melissa Stuchlik, State Membership Chair, and currently includes a team of six supporting members. Given the success of our SAT, we are looking to add a few more members to the team! If you are interested in learning more and serving as an SAT volunteer, contact Lee Cox, State Registrar, at [registrar@kansasdardar.org](mailto:registrar@kansasdardar.org).

## Chaplain's Corner

Retha Blecha

**In these times of uncertainty, we all look to symbols of Hope.**

**My personal symbol of hope is the Cross.**

**The vertical bar is a symbol connecting God to us. Our prayers go up to God, and God's Love comes down to us.**

**The horizontal bar reminds us to reach out to each other with the same Love and Grace that God shows each of us.**

**The circle on some crosses reminds us that God's love is never ending and unifies us as a people that are all deserving of God's Love.**

**Look to God, be kind.**

## Every Member Counts!!!

Pg 5

Lee Cox

In our last month's *CyberSunflower*, we honored the chapters that rose to the President General's Membership Challenge to gain at least two new members in four months. We want recognize ALL 48 of the 62 chapters that worked so hard to gain New Members last year. The chapters are listed alphabetically with the number of New Members throughout 2020.

What are the tips the chapter registrars use to gain New Members?

- Electronic Applications (E-Apps)
- Legacy members (family members in DAR: grandmother, mother, daughter, granddaughter, aunt, cousin)
- Submitting two or more applications for family members (see those listed with Legacy)
- Build-an-App to easily fill in as many generations as possible
- Spend lots of time (many said as you watch TV) to search the Genealogical Research System (GRS) for Ancestors, Descendants, Genealogical Records Committee Index (GRC), Revolutionary War Records, and Bible Records
- The top websites are Ancestry.com, Fold3.com, and Newspapers.com.
- The #1 Tip is they never hesitate to ask for help!!! Anyone can join the [Lineage Research, NSDAR](#) Facebook page. You can do a Search for other members who may be working on the same Ancestor or Descendant. When you "hit the wall" with your genealogical research, you can post your question, in very concise words, and chances are you will receive multiple responses to help you.
- Network with other chapter registrars across Kansas
- Never hesitate to ask for help within Kansas by contacting a member of the Genealogy Team!

Abilene -1	Martha Loving Ferrell – 2
Arthur Barrett – 1	Martha Vail – 9
Atchison – 3	Mary Draper – 2
Betty Washington – 6	Mary Wade Strother – 5
Byrd Prewitt – 1	Mission Hills – 4
Capt Jesse Leavenworth – 13	Nathan Edson – 2
Cimarron River Valley – 2	Newton – 1
Council Oak – 7	Oceanus Hopkins – 3
Courtney-Spalding – 8	Olathe – 7
Desire Tobey Sears – 2	Polly Ogden – 11
Dodge City – 1	Prairie Flint Hills – 1
Ephraim Basehor – 3	Prairie Rose – 1
Esther Lowrey – 2	Quivira Crossing – 1
Eunice Sterling – 3	Randolph Loving – 2
Flores Del Sol – 6	Sagamore – 7
Fort Larned – 1	Sarah Steward – 1
General Edward Hand – 2	Shawnee Mission – 17
James Ross – 5	Smoky Hill – 7
John Athey – 2	Susannah French Putney – 3
John Haupt – 2	Three Trails West – 8
Jonathan Gilbert – 1	Tomahawk – 4
Little Arkansas – 2	Topeka – 8
Major Elijah Hyde – 1	Uvedale – 1
Marais Des Cygnes – 6	

# 2021 Sunshine Garden Initiative

*Karen Schneck*

Last year, President General Denise VanBuren made a special declaration and charged Daughters with creating their own Sunshine Gardens during the COVID-19 pandemic. The Sunshine Garden project continues for this year and I would like to make a special request of Kansas DAR members; lets cover our state in sunflowers for our Sunshine Gardens!

Recently, the National Garden Bureau released their plants of the year. Included in this year’s plants was a Kansas favorite – the sunflower. The sunflower is a plant known for its beauty, versatility, and history. As Kansans, we have a special bond to this flower. In 1903 the Kansas legislature made the sunflower, *Helianthus annuus*, our state flower, representing us for centuries yet to come.

Sunflowers come in all shapes and sizes, there is nearly something for every garden. From stalks that can reach 6 feet or more, to sunflowers fit for deck gardens, there are many options to choose from. If you are unable to have a physical sunflower grown at your home, I suggest creating your own sunflower. Be creative and repurpose materials; how can you represent Kansas and sunflowers?

To plant sunflowers, sow seeds directly into the soil after the last frost. Some sunflowers can be planted a bit before the frost, I recommend waiting till the soil starts to warm. There are many benefits to planting sunflowers including providing food to pollinators, food for birds or humans depending on the variety, and of course, decoration for the garden and home. I look forward to seeing all your sunflowers this year!



## The Year of the Sunflower



*'Teddy Bear' sunflower. Seeds available at Johnny's Seeds.*



*Patio sunflower 'SunBuzz'. Seeds available at Garden Trends. Garden centers may have these if you want to buy a full plant later.*



*'Soraya' sunflower. Seeds available at Johnny's Seeds.*



## Commemorative Events

*Sandy Wurth*

Thank you to all the chapters that had commemorative events in 2020, and especially those that did reports on them. At this writing I do not have access to the CMR yet.

As I mentioned before, 2021 will have many Santa Fe Trail Events marking its 200<sup>th</sup> anniversary. In the coming months I will provide some "Trail Tidbits", which you might find interesting. This comes from the pamphlet "Trail of Commerce and Conquest, a brief history of the Santa Fe Trail" by Jack Rittenhouse. Did you realize that it was an International Trade route at the beginning? When William Becknell and his companions left Missouri 9/1/1821 with pack horses, they planned to trade with the Indians. En route they learned that Mexico had just gotten its freedom from Spain in August and it was now legal to trade in Santa Fe. And so they decided to go on. When they returned to Franklin Mo January 29, 1822 from their first trip to Santa Fe the income was astounding to the townspeople! Although they were not the first people ever to travel the trail it inspired others to take on the adventure.

## Protocol 101

*Mary Frisch*

Pg 7

### Greetings

The highest ranking guest should be introduced for greetings, then others in the order of rank.

It is both wise and courteous not to have too many greetings, unless they come after the address of the main speaker. It is unfair to a speaker to be presented when the audience has become weary and restless. An invitation to bring a greeting should indicate the time length.

If numerous official guests are present, one greeting for each group by a pre-designated member on behalf of those of his or her same rank should suffice and is suggested.

### Are You Connected?

**Stay connected with all things DAR!**

KSDAR Facebook: [www.facebook.com/groups/ksdar](http://www.facebook.com/groups/ksdar)

DAR America 250!: [www.facebook.com/groups/DARAmerica](http://www.facebook.com/groups/DARAmerica)

KSDAR Members Website: [members.kansasdar.org](http://members.kansasdar.org),

user name: ksdar, password: sunflower

DAR Members Website: [www.dar.org/members](http://www.dar.org/members)

President General's Blog: <https://blog.dar.org>

## 202ONE Membership Challenge

*Melissa Dietrich Stuchlik*

I am sure you saw the DAR Blog and are already trying to think of all the family, friends and strangers you can talk DAR to! So, the DAR Membership Committee is calling on all members to join the 202ONE Challenge! If you haven't read the blog, go to the DAR Members website and subscribe to stay current on all things DAR!

During 2021 we have been challenged to each reach out and bring ONE new member into the DAR. Of course, you don't have to stop there, feel free to bring in as many as you would like. You don't even have to do the application.

Now, there are a few rules to remember...The recruit must become a daughter in 202ONE. She doesn't need to be in your chapter, just any ONE chapter will do.

You will need to make sure that your chapter gets your member credit for that ONE member. If your chapter has 100% participation or the equivalent your regent and registrar will be invited to a reception with the President General during the 131<sup>st</sup> Continental Congress in 2022.

If your chapter has not appointed a Membership Chair, this is the time to do it. She might also be responsible for keeping track of members who have met the challenge. Certificates may be printed to give to members who bring their ONE new member.

Like you, I am always up for a challenge...I am thinking that nice gal at the coffee shop looks like a prospective member. I have some cousins who have the same connection to a patriot as me. Check for some ideas on the DAR Membership Committee Forum Facebook Group.



# Support the State Regent's Project

Due to the pandemic and not having in person state meetings, fund raising for the State Regent's Project has slowed. So while we welcome in 2021, let's step up and purchase some great gear and support the Metzger Administration's Welcome Home projects – great items are just a click away!.



From top to bottom – Squad Locker is the go-to site for Kansas Daughters. To place an order, just use the attached link and begin shopping!  
<https://.squadlocker.com/#/locketeamlockerrr/ksdar>



# State Regent's Project Merchandise



There are two ways to purchase these items: go online to <https://kansas-society-dar.square.site/> for credit card orders or email [susantelee@yahoo.com](mailto:susantelee@yahoo.com) - she will provide the total with tax and shipping and can arrange payment via check or credit card. Contact Susan Metzger for orders over \$200 to save on shipping.



The Cameo Generations Club will not be able to meet in person again this year, however, that doesn't mean that you can't participate in the club.

## SECOND DRAWING FOR A FREE DNA TEST KIT

Cameo President Debby Potter has graciously offered to donate three DNA kits. The second test kit will be awarded this spring. We hope this encourages members to recruit family to join CAR, SAR and/or DAR. The lucky winner's names will be drawn from the list of members who have (A) listed one Patriot, and then (B) then found a relative(s) to join. The more family a Cameo member gets to join one of the previously listed organizations, the more voices they will have in the drawing!

For more information contact Cameo Generations President Debby Potter [debby.wpmg@gmail.com](mailto:debby.wpmg@gmail.com).



## DID YOU PAY YOUR CAMEO GENERATIONS CLUB DUES?

During a normal year, many members pay their Cameo Club dues during the fall. Bylaws state that the annual dues shall be \$5.00, payable no later than the first day of the month in which state conference is held. If you aren't certain you paid your dues, please contact Connie Becker – Treasurer [csbrltiks06@wildblue.net](mailto:csbrltiks06@wildblue.net) 785-489-2449 (home) 501-920-8062 (cell).

The Renewal/New Membership Form is available on the KSDAR website. Complete the form and email to Connie. Or mail to: Connie Becker; 959 Wayside Rd.; Westphalia, KS 66093. Connie has a spreadsheet with each member listed and will be able to tell if she has received your payment of \$5.00 per year. If you would rather pay once during the Metzger Administration, visit with Connie. She will be able to let you know the amount needed.

Included in the Standing Rules for Cameo Club are explanations of how the dues will be disbursed. Our club assists with registration fees for pages at KSDAR State Conference. There is also for \$300 travel expense given to the KSDAR Outstanding Junior, for expenses at Continental Congress. If there is not a KSDAR Outstanding Junior, \$300 will be applied to registration costs for pages at State Conference and Continental Congress. To honor deceased Cameo members, \$50 is donated to the State Regent's Project. We also donate \$50 yearly to the KSDAR Page Fund for use at State Conference.

## Heart and Stroke Prevention



February is Heart Health and Stroke Prevention month. Heart attacks and strokes are the leading causes of death for women, and all relate to the circulatory system and though they impact women differently, they are extremely deadly and all relate to heart disease. This is why the DAR Women's Issues Committee is focusing on these this year.

- 1 in 3 women will develop heart disease and heart attacks kill 200,000 American women each year – 5 times more than breast cancer
- 64% of women who die suddenly of coronary heart disease have no previous symptoms
- 80% of heart disease and stroke events may be prevented by lifestyle changes and education.
- A woman with diabetes is at least 3 times more likely to have a heart attack
- Heart disease is the number one cause of death among American Women and stroke is number three!
- Stroke kills twice as many women as breast cancer
- Stroke risk doubles for a woman if someone in her immediate family has had a stroke
- Lifetime risk of stroke for women between the ages of 55 and 75 in US is 1 in 5 and 4 in 5 strokes are preventable
- Having high blood pressure increases the risk by 50%
- Smoking – currently 1 in 8 women smoke.
- Those that suffer migraines have a greater chance of having a stroke

# Welcome Home These New Kansas Daughters

## Council Oak

Colleen Battle  
Della Orton

## Courtney-Spalding

Susan Stahl

## Little Arkansas

Hazel Lewis

## Marais Des Cygnes

Kelli Cummins-Brown

## Mission Hills

Patricia Phillips

## Olathe

Janice Conner

## Sagamore

Jennifer Daniel

## Shawnee Mission

Mary Torizzo

Denise Trummel

## Susannah French Putney

Sharon Watts

## Tomahawk

Grace Hills

Silvy Brookby

## Topeka

Amber Huston

## Where the Trail Divides

Kristin Hanna



## Project Patriot Needs

*Jan Goss*

With Chapters meeting virtually for the past year it has been difficult to fully participate in some of the usual DAR committees such as Project Patriot. Our Kansas Daughters have always done an awesome job of supporting our active-duty military so we must find ways to continue our support while maintaining our health safety.

We have been presented with an opportunity to support soldiers from Fort Riley – please read the letter from Mark Claussen, Executive Director, USO Kansas for their current needs:



Thank you so much for all you and the DAR have done for our Service members here in Kansas. We really appreciate the support and I know the service members liked the Paracord bracelets. One thing that we will have need of this year is Single Soldier kit supplies (travel size shampoo, soap, conditioner, deodorant toothbrush, toothpaste, etc. as well as small snacks.) We have approx. 3,000 Service members who are deploying overseas for a training rotation and returning in late September and October. We give the Single soldier kits as they return home to ensure that they have what they may need to get by for a couple of days in case their bags do not make it at the same time (happens quite a bit). Any items that we can gather before-hand to put in the bags is a great help in providing this opportunity. If your group would like to assist us with a project like this, it would be great. Additionally, as we still have soldiers that have to Quarantine because of COVID, there are occasional needs for puzzle books, cards, things like that to help pass the time. Once again, thank you so much for all you have done and your willingness to do more for our Service Members. Mark

As you can see from Mr. Claussen's note, they need travel size personal care items, snacks, puzzle books and cards as well as the paracord bracelets. Chapters can hold a collection drive- through for drop off of supplies in order to ship or members can individually ship supplies to the USO, and this can be an ongoing project that benefits the military in Kansas. Notes of encouragement and thanks can also be included that will brighten the soldiers' day.

If you and/or your chapter is interested in participating, send all donations to Mark Claussen, Executive Director, USO Kansas, 6918 Trooper Dr., Fort Riley, KS 66442. Make sure you document estimated value and items for your chapter's records, and in each package include contact information and return address so that the USO has the documentation.

Our military needs our support and what a great way to send the message that the DAR Cares!