#### Items higlighted are those most needed!



## DAR PROJECT PATRIOT COMMITTEE OPERATION: EISENHOWER CARRIER GROUP

Rise and Shine for America and our Military! Another opportunity to support our military! We will be working directly with the Chaplain's Department on this project. Please PM any Admin for the Chaplain's address and questions. This is an ongoing project and we will post updates during this project!

#### Nuts / Trail Mix Microwave Popcorn Peanut Butter Crackers / Cheese Crackers Cookies - various types - pre-packaged Protein/Health Bars - Individual Packages Chips/Pretzels \*\*Hot Cheetos, Tzakis – \*\*anything "hot" **CANNOT CONTAIN HEMP SEEDS** Breakfast Bars / Energy Bars / Health Bars Oatmeal/Grits/Cream of Wheat Powdered Drink Mixes Cup Cake/Dessert in a Cup Packages Beef Jerky / Slim Jims /Summer Sausage Peanut Butter (Jars or individual cups) \*No pork products (regular, chunky, natural) Dips in non-breakable containers Tuna Fish Packets / Chicken Packets Beef Jerky – any size bags Ramen Noodles / Cup of Soup Cultural Foods Ready to Eat Meals (Spaghetti, Stew, etc...) Squeezable Jelly - various flavors Gum / Candy (no chocolate)

### Care Package Items Wish List

\*\*All Food Items Should be in Individual Packages Unless Otherwise Stated\*\*

#### \*\*Non-Food Items\*\*

Special Request – Please do <u>not</u> send hotel soaps/shampoos or travel size items. Regular sized items are welcomed and preferred! Thank you!

Marvel and DC Comic Books	Puzzle Books/Suduko
Adult Coloring Books/Coloring Pencils	Deodorant (non-aerosol) male/female
Tooth Brushes/Toothpaste/Mouth Wash	Razors for males and females
Sewing Kits (Individual)	Shampoo/Conditioner
Soap / Body Wash /Body Spray/Lotion	Feminine Pads/Tampons
No Scent -All Purpose/Dude Wipes/Make-Up Wipes	Females: Hair ties/brushes/facial masks/
Lip Balm / Chapstick	Sunscreen Lotion (non-aerosol)
Wash cloths or Body Puffs	Playing Cards / Uno / Various Card Games
White / Black Socks (Regular and XL sizes)	Foot Powder / Dr. Scholl's Shoe Inserts
Small First Aid Kits / Tissues	Air Fresheners – Small
Hand Warmers	Manicure or Pedicure Sets

This list is a guideline. Please feel free to send items that you regularly ship to deployed troops. Some of the packages that have been shared/sent are just wonderful and we encourage you to support our troops the way you have been in the past! **Thank You!** 

# **Stephanie Wolfley – National Chair, DAR Project Patriot Committee**

Peggy Whitcomb and Caribeth Legats, Project Coordinators, OSDAR Project Patriot Committee Co-Chair